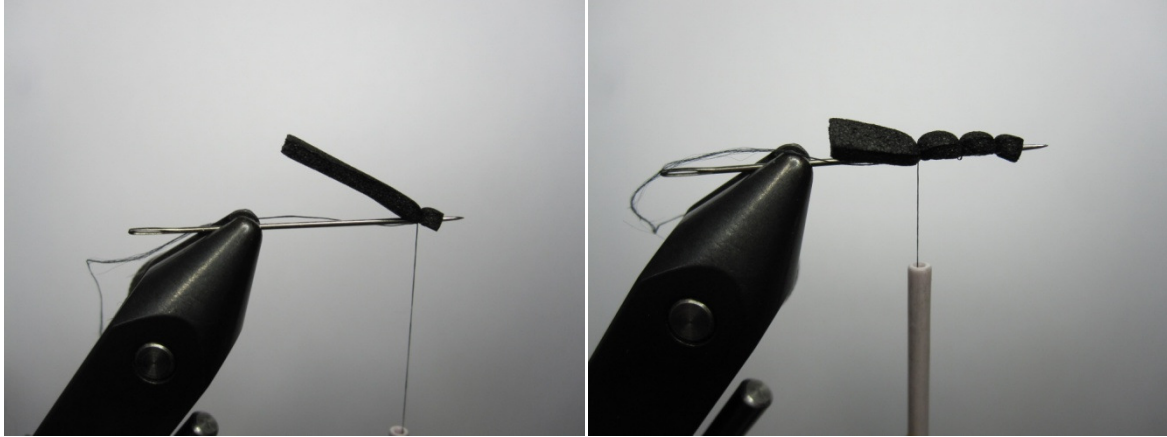


## Andy's Detached Body Hawthorne

I guess most fly-tyers will have seen those very expensive all-in-one body and tail pre-made sections, well this is how to make one very cheaply and a fly to use it on. The first step is to construct a pre-made body section.



### Body Materials

Thread: 8.0 Black

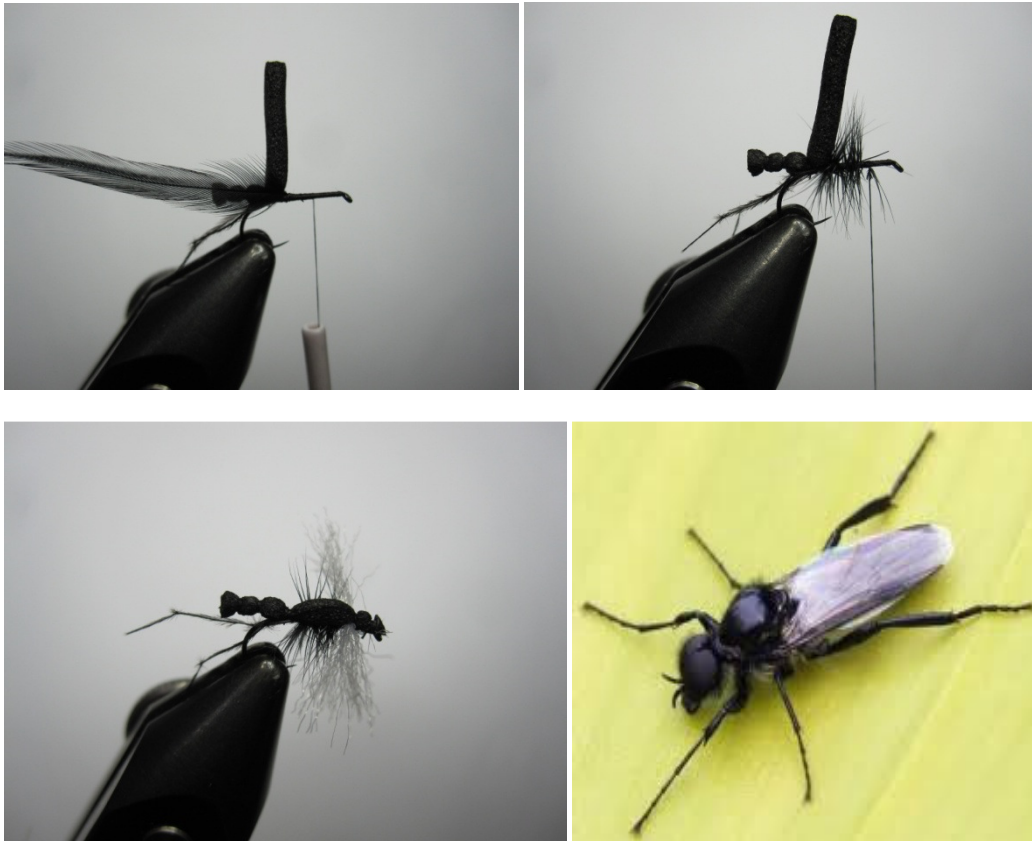
Main body: Thin strip of black closed cell foam cut from sheet.

### Tying the body section

- 1) Cut a thin strip about 20mm long and 2mm wide from the closed cell foam. The foam sheet should be about 2mm thick.
- 2) Place a small needle in the vice jaws and pierce the end of the foam to hold it in position.
- 3) Form the first loop around the end of the foam close to the needle tip position. You'll need to pinch and hold the free end of the thread and the free end of the foam and draw the thread tight and loop three times. Then cross the thread under the foam and wrap around the needle and free thread a couple of times, this helps hold it on the needle.
- 4) We won't be adding tails here but if you want to make a mayfly body simply tie in two fibbets at the same point..allowing the free section of foam to splay them out..and of course use a suitable colour foam.
- 5) Take the thread up the body 2-3mm and form another loop, pulling the thread tight to hold the foam against the needle. Wrap around three times and cross under foam twice. Move the thread back a little further on each section to make each one slightly longer than the previous one and repeat the three wraps and two crosses under the foam to make four body sections.
- 6) Whip finish and trim off the spare thread. Pull the foam section off the needle. You now have a pre-made hawthorne body.

You can use exactly the same technique to make bodies for damsels, daddies and a host of other flies and many thanks to Davy McPhail for this tip.

## Tying the fly



### Materials

Hook: TMC 103BL Size 15 barbless

Thread 8.0 black

Body: Pre-made section

Wings: White Antron

Legs: Two dyed black knotted pheasant tail fibres

Main hackle: Fine black cock hackle

### Tying

- 1) Wind thread down body of hook in touching turns to the start of the hook bend.
- 2) Tie in the pre-made body section with three firm turns then loop under the foam body and loop twice around hook shank.
- 3) Tie in the pheasant tail legs.
- 4) Tie in the main hackle and wind the thread on to 3mm or so behind the eye.
- 5) Wind the hackle up to the thread and tie off and trim.

- 6) Tie in a small piece of white antron with a figure-of-eight wrap. The wings formed by this should be about the same length as that from the tie-in point to the end of the body.
- 7) Bend the foam body forward and tie in around .1.5 mm from the eye, carry the thread forward to just behind the eye and tie in the body again.
- 8) Whip finish and trim.

Fishing style as for any dry. Gink the hackle well the night before and in still water fish fairly static with the occasional 'twitch'. In rivers cast to any activity or simply cast upstream and allow it to drift down naturally with the flow.

Tight lines

Andy Hood